

19th Annual Holistic Health Seminar on Memory Loss

Staying Connected as We Age

Tools for Meaningful Connection and Care

Saturday, June 6, 2026



Schedule of Events

8:15 am-9 am

registration & continental breakfast

9am-11am

seminar presentations,
exercise demo, caregiver panel

11am-12pm

health screenings & resource tables

Location

STAR Community Family Center

Morning Star Baptist Church

1600 Whitehead Court, Baltimore, MD 21207

Registration Information:

Register at tinyurl.com/2026HHS (or call 410-550-2281)

The seminar is FREE but registration by June 6, 2026 is required. Please share information about this event with your family, friends, and coworkers!

About the Seminar

A free seminar for those concerned about memory-related changes, caregivers, family members, and health professionals in the Greater Baltimore Area.

Seminar Topics

- Social Isolation:** The importance of social connection for protecting brain health
- Connection, Access, Respite, Education (CARE) + Medicare & Medicaid (CMS)'s GUIDE Model**
- Caregiver Panel:** Stories and tips from Baltimore caregivers and health professionals

For more information, visit www.baltimoremacab.org/holistic-health-seminar



Alzheimer's Disease Research Center

accentCare.

